

Please fill this in Japanese or English if possible.

## Questionnaire (Those who submitted pregnancy notification between April and December 2022)

In order to apply for Sapporo Pregnancy and Childbirth Support Benefits submission of this questionnaire is mandatory. Please answer and enclose with the application form.

If you have lost the child or had abortion at the time of application, please check  below and write your name, address, and phone number only.

Due to the above reasons, I will not answer the questionnaire.

(Date : year month Date)

(Furigana) <b>Your name</b> Date of birth	( ) year month date (Age )	<b>Address</b>	Sapporo Ward TEL - (Mobile - - )
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In order to provide you necessary information and consultation about pregnancy and childbirth, please fill out the followings. (Please mark  those that apply.)

Number of weeks of pregnancy ( )  Single pregnancy  Multiple pregnancy  
Childbirth experience  First time  Experienced

Do you undergo pregnancy checkups regularly ?

Yes (The facility's name : )  No

※During pregnancy, many changes occur in your body. Even if you do not have any concerns currently, please make sure to undergo regular checkups.

Have you decided where you will give birth?

Yes (Name of the hospital/clinic : )  No

After childbirth, who is going to help you with housework and childcare?

(Multiple answers OK)

Spouse  Parents  Friends  Relatives  Other ( )  No one

How do you feel now toward giving birth ?

( )

Is there anything you would like to discuss with a public health nurse or the health center?

No  Yes

→If yes,  My health  Baby & other children  Family  Work  
 Nursery  Economic situation of household  
 Living environment  other ( )

\* For consultations, please contact the health center of the ward you live in

Inquiries: Health Center (Health and Children's Division)

Chuo Health Center	011-231-2400	Toyohira Health Center	011-822-2400
Kita Health Center	011-757-1181	Kiyota Health Center	011-889-2400
Higashi Health Center	011-711-3211	Minami Health Center	011-581-5211
Shiroishi Health Center	011-862-1881	Nishi Health Center	011-621-4241
Atsubetsu Health Center	011-895-1881	Teine Health Center	011-681-1211

\* Information about pregnancy, childbirth and childrearing (Basically in Japanese)

<Sapporo Kosodate site>



Information site for pregnancy and childrearing!

<Sapporo Kosodate App>



Deliver you the latest childcare information!

※For official use